

Crown Athletics Practice Schedule 2022/2023

Summer

Monday	Tuesday	Wednesday	Thursday	Friday
Prestige (Y Prep) 5:00- 6:30	Prodigy (M1) 5:00-7:00	Dynasty (Jr3) 5:00-7:00	Legacy (Y2) 5:00-7:00	Tiny Diamonds (TN) 4:45-6:00
Empire (Jr Prep) 6:30 – 8:00	Royal Divas (Jr1) 6:45-8:45	Royalty (Sr4) 6:45-8:45	Majesty (J1) 6:45-8:45	Jewels (MN) 5:30-7:00

Fall

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday
Royal Divas (Jr1) 3:00-5:00	Prestige (Y Prep) 4:00-5:30	Legacy (Y2) 5:00-7:00	Prodigy (M1) 5:00-7:00	Dynasty (Jr3) 5:00-7:00	Legacy (Y2) 5:00-7:00	Tiny Diamonds (TN) 4:45-6:00
Dynasty (Jr3) 5:00-7:00	Prodigy (M1) 5:30-7:15					
Royalty (Sr4) 6:45-8:45	Empire (Jr Prep) (7:00-8:30)	Majesty (Sr2) 6:45-8:45	Royal Divas (Jr1) 6:45-8:45	Royalty (Sr4) 6:45-8:45	Majesty (Jr1) 6:45-8:45	Jewels (MN) 5:30-7:00